

Lectio Divina
June 22, 2024
Ascension of the Lord

Greeting and Opening Prayer

Part I

- 1) Hear the text read.
- 2) Recall the text by saying a word or short phrase that touched your heart. Listen to what others say. If someone says your word, simply repeat it again.

Part II: Commentary

Part III: Hear/See the text again with 5 mins silence

Part IV: Reflection and Sharing in Small Groups

- ◇ Share your reflections on what is happening in the text and what it means today.
- ◇ What do you observe?
- ◇ Is there anything that leaves you perplexed/confused?
- ◇ What does this text mean to you?
- ◇ What has praying with this text called forth from you personally?
- ◇ What needs to change in you having read this text?
- ◇ What difference will this text make in your life?

Part V: Give Thanks

Offer petitionary prayers to God.

Closing Prayer

Mk 4:35-41

On that day, as evening drew on, Jesus said to his disciples:
“Let us cross to the other side.”

Leaving the crowd, they took Jesus with them in the boat just as he was.
And other boats were with him.

A violent squall came up and waves were breaking over the boat,
so that it was already filling up.

Jesus was in the stern, asleep on a cushion.

They woke him and said to him,

“Teacher, do you not care that we are perishing?”

He woke up,

rebuked the wind, and said to the sea, “Quiet! Be still!”

The wind ceased and there was great calm.

Then he asked them, “Why are you terrified?”

Do you not yet have faith?”

They were filled with great awe and said to one another,

“Who then is this whom even wind and sea obey?”

